



Mapping the Psalms
Week 6: TRUST
Wednesday Night Church Fall 2024 Series

Sept 11: 1.Kickoff-Intro Pr. R
 Sept 18: 2. The BeginningPs1&2
 Sept 25: 3.PsalterTheme: GuardinAngels
 Oct 2: 4. **.God’s Character.**
 Oct 9: 5. Lament
 Oct 16: 6. Trust

Oct 23: 7.
 Oct 30: 8
 Nov 6: 9.
 Nov 13: 10
 Nov 20: 11. THANKSGIVING
 Nov 27: Thanksgiving Svc

Dec 4: Advent MESSIANIC
 Dec 11: WNC Christmas Party
 Dec 18: Campus Worship
 Dec 25: Christmas: No WNC
 Jan 1: NewYears No WN

GENRE	CHAPTERS
.Praise.	115, 149, 32, 81, 47, 103, 147, 139, 145, 124, 93, 134, 150, 122, 98, 129, 117, 100, 104, 114, 96, 9, 113, 33
.Thanksgiving. WNC Nov. 20th	75, 65, 138, 106, 105, 116, 18,30, 66, 135, 136, 67, 108
.Trust. WNC Oct 16th	11, 27, 121, 91, 63, 23, 131, 62, 125
.Wisdom.	1, 128, 146, 39, 14, 15, 53, 36, 37, 133, 49, 62, 92, 19, 107, 119, 112, 127, 111, 73, 50, 34, 25, 94, 90, 31
.God’s Character. WNC OCT 2NDnd <small>-.Royal.</small>	144, 21, 20, 61, 101
.Sovereignty. <small>-.God-is-King.</small>	99, 95, 148, 29, 97, 24
.Messianic. WNC Dec 4th	118, 41, 2, 8, 45, 132, 109, 22, 102, 16, 69, 40, 72, 89, 68, 78
.God of Nations. <small>-.Zion.</small>	48, 76, 46, 84, 87
.Lament. WNC Oct 9th	10, 141, 71, 130, 142, 85, 4, 64, 80, 74, 43, 55, 57, 26, 6, 13, 3, 120, 17, 143, 44, 51, 126, 59, 42, 77. 86, 70, 60, 38, 28, 7, 123
.Vindication.	54, 137, 83, 88, 79, 12, 56, 5, 58, 140, 52, 35

When we allow Psalms to be Psalms...

- It strips us bare.
- It is the nakedness of the human heart being expressed to our Almighty Creator.
- CAN I DO THIS?
- Can I approach Psalms this way? [i.e. Pr. Robin’s testimony of PS27]
- Psalms are scripture principals already digested once.

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Five Books:

- I. Psalms 1–41
- II. Psalms 42–72
- III. Psalms 73–89
- IV. Psalms 90–106
- V. Psalms 107–150

Doxologies:

- Psalm 41:13
- Psalm 72:18-20
- Psalm 89:52
- Psalm 106:48
- Psalm 150 (Doxology of entire Psalter)

This 5 Book division a shadow of the Torah? (Genesis, Exodus, Leviticus, Numbers, Deuteronomy)¹


“Psalms of Ascent” in Pss 120–134

Pss 42–83 all call God *elohim*, and thus get the title the “Elohistic Psalter”

Dead Sea Scrolls show no divisional structure – was done after these were written.

¹ Kugler, R. A., & Hartin, P. J. (2009). *An Introduction to the Bible* (p. 197). William B. Eerdmans Publishing Company.



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ASK for:

1 Corinthians 2:14NKJV	1 Corinthians 2:14 CEB
<p>¹⁴ But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know <i>them</i>, because they are spiritually discerned.</p>	<p>But people who are unspiritual don't accept the things from God's Spirit. They are foolishness to them and can't be understood, because they can only be comprehended in a spiritual way.</p>

Trust

11, 23, **27**, 62, 63, 91, 121, 125, 131-Ascent

Defining TRUST:

noun

- firm belief in the reliability, truth, ability, or strength of someone or something.
 "relations have to be built on trust"
Similar: confidence; belief; faith; freedom from suspicion/doubt; sureness; certainty; certitude; assurance; conviction; credence; reliance
Opposite: distrust-mistrust-skepticism
- LAW**
 an arrangement whereby a person (a trustee) holds property as its nominal owner for the good of one or more beneficiaries.
 "a trust was set up"
Similar: safe keeping; keeping; protection; charge; care; custody; trusteeship; guardianship

verb

- believe in the reliability, truth, ability, or strength of.
 "I should never have trusted her"
Similar: have faith in; put/place one's trust in; have (every) confidence in; believe in; pin one's hopes/faith on; rely on; depend on; bank on; count on; be sure of; be convinced by; swear by; confide in
Opposite: distrust-mistrust-doubt
- ARCHAIC**
 allow credit to (a customer). "all persons are forbid to trust sailors"

ASK

Can words define TRUST? Or do words just highlight a concept.
 Is TRUST an experience FIRST? One must "taste the experience" before one can direct their instinct to actually do it.

What causes one to withhold their TRUST? To lose (take back) their TRUST?



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TRUST needs a subject. The Person/Thing/Object one places the action of TRUST in.

TRUST cannot exist without a subject to TRUST in.
I TRUST. I TRUST. I TRUST. in what?????

I can have
firm belief in the reliability, truth, ability, or strength of someone or something.

Similar: confidence; belief; faith; freedom from suspicion/doubt; sureness; certainty; certitude;
assurance; conviction; credence; reliance

But does it really exist until I put it into practice?

Scriptural definition of TRUST

- 186 references to TRUST in the NKJV
- 249 references to TRUST in the CEB


TRUST outlined in the Psalter: 11, 23, **27**, 62, 63, 91, 121, 125, 131



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Psalm 11 (NKJV) [1Samuel 18-27]	
Faith in the Lord's Righteousness To the Chief Musician. A Psalm of David.	Categorized with Ps3-10 See Habakkuk 2:20
<p>11 In the Lord I put my trust; How can you say to my soul, "Flee <i>as</i> a bird to your mountain?" ² For look! The wicked bend <i>their</i> bow, They make ready their arrow on the string, That they may shoot ^[a]secretly at the upright in heart. ³ If the foundations are destroyed, What can the righteous do? ⁴ The Lord is in His holy temple, The Lord's throne <i>is</i> in heaven; His eyes behold, His eyelids test the sons of men. ⁵ The Lord tests the righteous, But the wicked and the one who loves violence His soul hates. ⁶ Upon the wicked He will rain coals; Fire and brimstone and a burning wind <i>Shall be</i> ^[b]the portion of their cup. ⁷ For the Lord <i>is</i> righteous, He loves righteousness; ^[c]His countenance beholds the upright.</p> <p>Footnotes</p> <p>a. Psalm 11:2 Lit. <i>in darkness</i> b. Psalm 11:6 Their allotted portion or serving c. Psalm 11:7 Or <i>The upright beholds His countenance</i></p>	<p>David never knew what Saul was going to do.</p> <p>What does a life with unknown timing of assault produce? Contain?</p> <p>TRUST = a.VS 4 Knowing the LORD IS. (Knowing the LORD's character illuminates the pathway of where we walk with Him.) The LORD is NEAR. That He sees ALL.</p> <p>For the music leader. Of David. 11 I have taken refuge in the Lord. So how can you say to me[MY SOUL],^[a]"Flee to the hills like a bird ² because the wicked have already bent their bows; they've already strung their arrows; they are ready to secretly shoot those whose heart is right"?" ³ When the very bottom of things falls out, what can a righteous person possibly accomplish? ⁴ But the Lord is in his holy temple. The Lord! His throne is in heaven. His eyes see— his vision examines all of humanity. ⁵ The Lord examines both the righteous and the wicked; his very being[SOUL]^[b] hates anyone who loves violence. ⁶ God will rain fiery coals and sulfur on the wicked; their cups will be filled with nothing but a scorching hot wind ⁷ because the Lord is righteous! He loves righteous deeds. Those whose heart is right will see God's face.^[c] Psalm 11:7 Heb lacks <i>heart</i>, but see 11:2 and Pss 7:10; 32:11; 36:10.</p>



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1 The oracle that Habakkuk the prophet saw.

The prophet complains

2 Lord, how long will I call for help and you not listen?

I cry out to you, "Violence!"
but you don't deliver us.

3 Why do you show me injustice and look at anguish

so that devastation and violence are before me?

There is strife, and conflict abounds.

4 The Instruction is ineffective.

Justice does not endure
because the wicked surround the

righteous.

Justice becomes warped.

The Lord responds

5 Look among the nations and watch!

Be astonished and stare
because something is happening in your days

that you wouldn't believe even if told.

6 I am about to rouse the Chaldeans,

that bitter and impetuous nation,
which travels throughout the earth to

possess dwelling places it does not own.

7 The Chaldean is dreadful and fearful.

He makes his own justice and dignity.^[a]

8 His horses are faster than leopards;

they are quicker than wolves of the

evening.

His horsemen charge forward;
his horsemen come from far away.

They fly in to devour, swiftly, like an eagle.^[b]

9 They come for violence,

the horde with all their faces set toward the desert.^[c]

He takes captives like sand.

10 He makes fun of kings;

rulers are ridiculous to him.

He laughs at every fortress,
then he piles up dirt and takes it.

11 He passes through like the wind and invades;

but he will be held guilty,
the one whose strength is his god.

The prophet questions the Lord

12 Lord, aren't you ancient, my God, my holy one?

Don't let us die.^[d]

Lord, you put the Chaldean here for judgment.

Rock, you established him as a rebuke.

13 Your eyes are too pure to look on evil;
you are unable to look at disaster.

Why would you look at the treacherous
or keep silent when the wicked swallows
one who is more righteous?

14 You made humans like the fish of the sea,
like creeping things with no one to rule
over them.

15 The Chaldean brings all of them up with a fishhook.

He drags them away with a net;
he collects them in his fishing net,
then he rejoices and celebrates.

16 Therefore, he sacrifices to his net;
he burns incense to his fishing nets,
because due to them his portion grows
fat

and his food becomes luxurious.

17 Should he continue to empty his net
and continue to slay nations without
sparing them?

Footnotes

- [Habakkuk 1:7](#) Or *his justice and dignity come from him*
- [Habakkuk 1:8](#) Or *vulture*
- [Habakkuk 1:9](#) Heb uncertain
- [Habakkuk 1:12](#) Heb uncertain

2 I will take my post;

I will position myself on the fortress.

I will keep watch to see what the Lord says
to me

and how he^[a] will respond to my complaint.

The Lord responds

2 Then the Lord answered me and said,



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Write a vision, and make it plain upon a tablet
so that a runner can read it.^[a]

³ There is still a vision for the appointed
time;

it testifies to the end;
it does not deceive.^[a]

If it delays, wait for it;
for it is surely coming; it will not be late.

⁴ Some people's desires are truly audacious;^[a]
they don't do the right thing.

But the righteous person will live honestly.

⁵ Moreover, wine betrays an arrogant man.

He doesn't rest.
He opens his jaws^[a] like the grave;^[b]
like death, he is never satisfied.

He gathers all nations to himself
and collects all peoples for himself.

⁶ Won't everyone tell parables about him
or mocking poems concerning him?

They will say:

Doom to the one who multiplies what doesn't
belong to him

and who increases his own burden.
How long?

⁷ Won't they suddenly rise up to bite you?
Those who frighten you will awaken;
you will become plunder for them.

⁸ Since you yourself have plundered many
nations,
all the rest of the peoples will plunder you
because of the human bloodshed
and the violence done to the earth,
to every village, and to all its inhabitants.

⁹ Doom to the one making evil gain for his own
house,
for putting his own nest up high,
for delivering himself from the grasp of
calamity.

¹⁰ You plan shame for your own house,
cutting off many peoples
and sinning against your own life.

¹¹ A stone will cry out from a village wall,
and a tree branch will respond.

¹² Pity the one building a city with bloodshed
and founding a village with injustice.

¹³ Look, isn't this from the Lord of heavenly
forces?

Peoples grow weary from making just enough
fire;

nations become tired for nothing.^[a]

¹⁴ But the land will be full of the knowledge of
the Lord's glory,

just as water covers the sea.

¹⁵ Doom to the one who makes his companions
drunk,

pouring out your wrath in order to see
them naked.^[a]

¹⁶ You have drunk your fill of dishonor rather
than glory.

So drink and stagger.^[b]

The cup of the Lord's strong hand will come
around to you;

disgrace will engulf you.

¹⁷ Because of the violence done to Lebanon, he
will overwhelm you;

the destruction of animals will terrify you,
as will human bloodshed and violence
throughout the land, the villages,
and all their inhabitants.^[b]

¹⁸ Of what value is an idol, when its potter carves
it,

or a cast image that has been shaped?

It is a teacher of lies,

for the potter trusts the pottery, though it is
incapable of speaking.


¹⁹ Doom to the one saying to the tree, "Wake
up!"

or "Get up" to the silent stone.

Does it teach?

Look, it is overlaid with gold and silver,
but there is no breath within it.

²⁰ **But the Lord is in his holy temple.
Let all the earth be silent before him.**

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<p>Psalm 23 NKJV</p>	<p>BOLD = Me Trusting Highlight = WHY I Trust</p>
<p>The Lord the Shepherd of His People A Psalm of David.</p>	
<p>23 The Lord is my shepherd; I shall not ^[a]want. ² He makes me to lie down in ^[b]green pastures; He leads me beside the still waters[waters of rest]. ³ He restores my soul; He leads me in the paths of righteousness For His name's sake. ⁴ Yea, though I walk through the valley of the shadow of death,[YES. We still walk thru] I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. ⁵ You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. ⁶ Surely goodness and mercy shall follow me All the days of my life; And I will ^[d]dwell in the house of the Lord ^[e]Forever. [RELATIONSHIP]</p> <p>Footnotes</p> <ol style="list-style-type: none"> a. Psalm 23:1 <i>lack</i> b. Psalm 23:2 Lit. <i>pastures of tender grass</i> c. Psalm 23:2 Lit. <i>waters of rest</i> d. Psalm 23:6 So with LXX, Syr., Tg., Vg.; MT <i>return</i> e. Psalm 23:6 Or <i>To the end of my days</i>, lit. <i>For length of days</i> 	<p>The view from TRUST: REST REFRESHED RESTORED RIGHTEOUSNESS NO FEAR! WALK WITH</p> <p>All of these are wrapped up in RELATIONSHIP –</p> <ol style="list-style-type: none"> 1. WITH HIM 2. WITHIN CHRISTIAN COMMUNITY <p>A psalm of David.</p> <p>23 The Lord is my shepherd. I lack nothing. ² He lets me rest in grassy meadows; he leads me to restful waters; ³ he keeps me[my soul] ^[a] alive. He guides me in proper paths for the sake of his good name. ⁴ Even when I walk through the darkest valley, I fear no danger because you are with me. Your rod and your staff— they protect me. ⁵ You set a table for me right in front of my enemies. You bathe my head in oil; my cup is so full it spills over! ⁶ Yes, goodness and faithful love will pursue me all the days of my life, and I will live[LXX; MT I will return] ^[d] in the Lord's house as long as I live.</p>

>What brings Restoration?

>Then, Restoration w/i me?


(How the Israelites did it – Song of Ascent)

>How do I track the LORD's goodness?

>How do I share His goodness with others?

>David KNOWS the LORD.

(Not: David knows **of** the Lord)


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Is there any Messianic overtones in this Psalm?

A Psalm of relationship developing between the Shepherd and His:

- The Shepherd and His sheep = I shall not be in want.(vs1-3)
- The Traveler and his companion = I will fear no evil. (vs4)
- A relationship of a Host and His guest = I will dwell in the house of the *LORD* forever.
(vs5-6)

Wilcock, M. (2001). [*The Message of Psalms: Songs for the People of God*](#) (J. A. Motyer, Ed.; Vol. 1, pp. 85–87). Inter-Varsity Press.

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Deconstruction of Psalm 27

Noun


a method of critical analysis of philosophical and literary language which emphasizes the internal [workings](#) of language and conceptual systems, the [relational](#) quality of meaning, and the assumptions [implicit](#) in forms of expression.

KEY: Mark up each word, phrase, verse with the correct initiator


- HE Does (He)
- Just Be (Be)
- I Do (I)
- Doers of Evil (D.E.)

[once complete, go back and circle the HE DOES in one color and the I DO in another]


Psalm 27 NKJV	Psalm 27 CEB
An Exuberant Declaration of Faith <i>A Psalm of David</i>	Of David
<p>27 The Lord <i>is</i> my light and my salvation;</p> <p>Whom shall I fear?</p> <p>The Lord <i>is</i> the strength of my life;</p> <p>Of whom shall I be afraid?</p> <p>² When the wicked came against me To eat^[devour] up my flesh, My enemies and foes, They stumbled and fell.</p> <p>³ Though an army may encamp against me,</p> <p>My heart shall not fear;</p> <p>Though war may rise against me,</p> <p>In this I <i>will be</i> confident.</p>	<p>27 The Lord is my light and my salvation.</p> <p>Should I fear anyone?</p> <p>The Lord is a fortress protecting my life.</p> <p>Should I be frightened of anything?</p> <p>² When evildoers come at me trying to eat me up— it’s they, my foes and my enemies, who stumble and fall!</p> <p>³ If an army camps against me,</p> <p>my heart won’t be afraid.</p> <p>If war comes up against me,</p> <p>I will continue to trust in this:</p>

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<p>4 One <i>thing</i> I have desired of the Lord, That will I seek: That I may dwell in the house of the Lord All the days of my life,</p> <p>To behold the [Ⓜ]beauty[delightfulness] of the Lord, And to inquire in His temple.</p> <p>5 For in the time of trouble</p> <p>He shall hide me in His pavilion;</p> <p>In the secret place of His tabernacle He shall hide me; He shall set me high upon a rock.</p> <p>6 And now my head shall be [Ⓜ]lifted up[lifted up in honor] above my enemies all around me;</p> <p>Therefore I will offer sacrifices of [Ⓜ]joy[joyous shouts] in His tabernacle; I will sing, yes, I will sing praises to the Lord.</p> <p>7 Hear, O Lord, <i>when</i> I cry with my voice! Have mercy also upon me, and answer me.</p> <p>8 <i>When You said, "Seek My face,"</i> My heart said to You, "Your face, Lord, I will seek."</p>	<p>4 I have asked one thing from the Lord— it's all I seek: to live in the Lord's house all the days of my life,</p> <p>seeing the Lord's beauty and constantly adoring his temple.</p> <p>5 Because he will shelter me in his own dwelling during troubling times;</p> <p>he will hide me in a secret place in his own tent; he will set me up high, safe on a rock.</p> <p>6 Now my head is higher than the enemies surrounding me,</p> <p>and I will offer sacrifices in God's tent— sacrifices with shouts of joy! I will sing and praise the Lord.</p> <p>7 Lord, listen to my voice when I cry out— have mercy on me and answer me!</p> <p>8 Come, my heart says, seek God's face.[Ⓜ] [Correction; MT <i>My heart says to/of you...see my face!</i>] Lord, I do seek your face!</p>
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<p>9 Do not hide Your face from me; Do not turn Your servant away in anger;</p> <p>You have been my help;</p> <p>Do not leave me nor forsake me, O God of my salvation.</p>	<p>9 Please don't hide it from me! Don't push your servant aside angrily—</p> <p>you have been my help!</p> <p>God who saves me, don't neglect me! Don't leave me all alone!</p>
<p>10 When my father and my mother forsake me,</p> <p>Then the Lord will take care of me.</p>	<p>10 Even if my father and mother left me all alone,</p> <p>the Lord would take me in.</p>
<p>11 Teach me Your way, O Lord,</p> <p>And lead me in a smooth path, because of my enemies.</p>	<p>11 Lord, teach me your way;</p> <p>because of my opponents, lead me on a good path.</p>
<p>12 Do not deliver me to the will of my adversaries;</p> <p>For false witnesses have risen against me, And such as breathe out violence.</p>	<p>12 Don't give me over to the desires of my enemies,</p> <p>because false witnesses and violent accusers have taken their stand against me.</p>
<p>13 <i>I would have lost heart</i>, unless I had believed That I would see the goodness of the Lord In the land of the living.</p>	<p>13 But I have sure faith that I will experience the Lord's goodness in the land of the living!</p>
<p>14 Wait^{le} [wait in faith] on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!</p>	<p>14 Hope in the Lord! Be strong! Let your heart take courage! Hope in the Lord!</p>

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Psalm 27 NKJV	Psalm 27 CEB
<p>An Exuberant Declaration of Faith <i>A Psalm of David.</i></p> <p>27 The Lord <i>is</i> my light and my salvation; Whom shall I fear? The Lord <i>is</i> the strength of my life; Of whom shall I be afraid? 2 When the wicked came against me To eat^[a] up my flesh, My enemies and foes, They stumbled and fell. 3 Though an army may encamp against me, My heart shall not fear; Though war may rise against me, In this I <i>will be</i> confident. 4 One <i>thing</i> I have desired of the Lord, That will I seek: That I may dwell in the house of the Lord All the days of my life, To behold the ^[b]beauty of the Lord, And to inquire in His temple. 5 For in the time of trouble He shall hide me in His pavilion; In the secret place of His tabernacle He shall hide me; He shall set me high upon a rock. 6 And now my head shall be ^[c]lifted up above my enemies all around me; Therefore I will offer sacrifices of ^[d]joy in His tabernacle; I will sing, yes, I will sing praises to the Lord. 7 Hear, O Lord, <i>when</i> I cry with my voice! Have mercy also upon me, and answer me. 8 <i>When You said, "Seek My face,"</i></p>	<p>Of David.</p> <p>27 The Lord is my light and my salvation. Should I fear anyone? The Lord is a fortress protecting my life. Should I be frightened of anything? 2 When evildoers come at me trying to eat me up— it's they, my foes and my enemies, who stumble and fall! 3 If an army camps against me, my heart won't be afraid. If war comes up against me, I will continue to trust in this: 4 I have asked one thing from the Lord— it's all I seek: to live in the Lord's house all the days of my life, seeing the Lord's beauty and constantly adoring his temple. 5 Because he will shelter me in his own dwelling during troubling times; he will hide me in a secret place in his own tent; he will set me up high, safe on a rock. 6 Now my head is higher than the enemies surrounding me, and I will offer sacrifices in God's tent— sacrifices with shouts of joy! I will sing and praise the Lord. 7 Lord, listen to my voice when I cry out— have mercy on me and answer me! 8 Come, my heart says, seek God's face.^[a]</p>


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<p>My heart said to You, "Your face, Lord, I will seek." ⁹ Do not hide Your face from me; Do not turn Your servant away in anger; You have been my help; Do not leave me nor forsake me, O God of my salvation. ¹⁰ When my father and my mother forsake me, Then the Lord will take care of me. ¹¹ Teach me Your way, O Lord, And lead me in a smooth path, because of my enemies. ¹² Do not deliver me to the will of my adversaries; For false witnesses have risen against me, And such as breathe out violence. ¹³ <i>I would have lost heart, unless I had believed</i> That I would see the goodness of the Lord In the land of the living. ¹⁴ Wait^a on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!</p> <p>Footnotes</p> <ol style="list-style-type: none"> a. Psalm 27:2 <i>devour</i> b. Psalm 27:4 <i>delightfulness</i> c. Psalm 27:6 <i>Lifted up in honor</i> d. Psalm 27:6 <i>joyous shouts</i> e. Psalm 27:14 <i>Wait in faith</i> 	<p>Lord, I do seek your face! ⁹ Please don't hide it from me! Don't push your servant aside angrily— you have been my help! God who saves me, don't neglect me! Don't leave me all alone! ¹⁰ Even if my father and mother left me all alone, the Lord would take me in. ¹¹ Lord, teach me your way; because of my opponents, lead me on a good path. ¹² Don't give me over to the desires of my enemies, because false witnesses and violent accusers have taken their stand against me. ¹³ But I have sure faith that I will experience the Lord's goodness in the land of the living! ¹⁴ Hope in the Lord! Be strong! Let your heart take courage! Hope in the Lord!</p> <p>Footnotes</p> <ol style="list-style-type: none"> a. Psalm 27:8 <i>Correction; MT My heart says to/of you...see my face!</i>
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Psalm 62

A Calm Resolve to Wait for the Salvation of God

To the Chief Musician. To Jeduthun. A Psalm of David.

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62 Truly my soul silently *waits* for God;
From Him *comes* my salvation.
² He only *is* my rock and my salvation;
He is my ^adefense;
I shall not be greatly moved.^b
³ How long will you attack a man?
You shall be slain, all of you,
Like a leaning wall and a tottering fence.
⁴ They only consult to cast *him* down
from his high position;
They delight in lies;
They bless with their mouth,
But they curse inwardly. *Selah*
⁵ My soul, wait silently for God alone,
For my ^aexpectation *is* from Him.
⁶ He only *is* my rock and my salvation;
He is my defense;
I shall not be ^amoved.
⁷ In God *is* my salvation and my glory;
The rock of my strength,
And my refuge, *is* in God.


⁸ Trust in Him at all times, you people;
Pour out your heart before Him;
God *is* a refuge for us. *Selah*
⁹ Surely men of low degree *are* ^aa vapor,
Men of high degree *are* a lie;
If they are weighed on the scales,
They *are* altogether *lighter* than vapor.
¹⁰ Do not trust in oppression,
Nor vainly hope in robbery;
If riches increase,
Do not set *your* heart *on* *them*.
¹¹ God has spoken once,
Twice I have heard this:
That power *belongs* to God.
¹² Also to You, O Lord, *belongs* mercy;
For You ^arender to each one according
to his work.

Footnotes

- a. [Psalm 62:2](#) *strong tower*
- b. [Psalm 62:2](#) *shaken*
- c. [Psalm 62:5](#) *hope*
- d. [Psalm 62:6](#) *shaken*
- e. [Psalm 62:9](#) *vanity*
- f. [Psalm 62:12](#) *reward*

Psalm 63

Joy in the Fellowship of God

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A Psalm of David when he was in the wilderness of Judah.

63 O God, You *are* my God;
Early will I seek You;
My soul thirsts for You;
My flesh longs for You
In a dry and thirsty land
Where there is no water.
² So I have looked for You in the sanctuary,
To see Your power and Your glory.
³ Because Your lovingkindness *is* better than life,
My lips shall praise You.
⁴ Thus I will bless You while I live;
I will lift up my hands in Your name.
⁵ My soul shall be satisfied as with ^amarrow and ^bfatness,
And my mouth shall praise *You* with joyful lips.
⁶ When I remember You on my bed,
I meditate on You in the *night* watches.
⁷ Because You have been my help,
Therefore in the shadow of Your wings I will rejoice.
⁸ My soul follows close behind You;
Your right hand upholds me.
⁹ But those *who* seek my life, to destroy *it*,
Shall go into the lower parts of the earth.
¹⁰ They shall ^cfall by the sword;
They shall be ^da portion for jackals.
¹¹ But the king shall rejoice in God;
Everyone who swears by Him shall glory;
But the mouth of those who speak lies shall be stopped.

Footnotes

- a. [Psalm 63:5](#) Lit. *fat*
- b. [Psalm 63:5](#) Abundance
- c. [Psalm 63:10](#) Lit. *pour him out by the hand of the sword*
- d. [Psalm 63:10](#) Prey

Psalm 91

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Safety of Abiding in the Presence of God

91 He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty.

² I will say of the Lord, "*He is my refuge and my fortress;
My God, in Him I will trust.*"

³ Surely He shall deliver you from the snare of the ^afowler
And from the perilous pestilence.

⁴ He shall cover you with His feathers,
And under His wings you shall take refuge;
His truth *shall be your* shield
and ^bbuckler.

⁵ You shall not be afraid of the terror by night,
Nor of the arrow *that* flies by day,
⁶ *Nor* of the pestilence *that* walks in darkness,
Nor of the destruction *that* lays waste at noonday.

⁷ A thousand may fall at your side,
And ten thousand at your right hand;
But it shall not come near you.

⁸ Only with your eyes shall you look,
And see the reward of the wicked.

⁹ Because you have made the Lord, *who is my refuge,*
Even the Most High, your dwelling place,

¹⁰ No evil shall befall you,
Nor shall any plague come near your dwelling;

¹¹ For He shall give His angels charge over you,
To keep you in all your ways.

¹² In *their* hands they shall ^cbear you up,
Lest you ^ddash your foot against a stone.

¹³ You shall tread upon the lion and the cobra,
The young lion and the serpent you shall trample underfoot.


¹⁴ "Because he has set his love upon Me,
therefore I will deliver him;
I will ^eset him on high, because he has known My name.

¹⁵ He shall call upon Me, and I will answer him;
I will be with him in trouble;
I will deliver him and honor him.

¹⁶ With ^flong life I will satisfy him,
And show him My salvation."

Footnotes

- a. [Psalm 91:3](#) One who catches birds in a trap or snare
- b. [Psalm 91:4](#) A small shield
- c. [Psalm 91:12](#) lift
- d. [Psalm 91:12](#) strike
- e. [Psalm 91:14](#) exalt him
- f. [Psalm 91:16](#) Lit. length of days

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Psalm 120-134

Psalm 120 NKJV	STRUCTURE OUTLINE
<p>Plea for Relief from Bitter Foes</p> <p>A Song of Ascents.</p>	
<p>120 In my distress I cried to the Lord, And He heard me. ² Deliver my soul, O Lord, from lying lips <i>And</i> from a deceitful tongue. ³ What shall be given to you, Or what shall be done to you, You false tongue? ⁴ Sharp arrows of the ^[a]warrior, With coals of the broom tree! ⁵ Woe is me, that I dwell in Meshech, <i>That</i> I dwell among the tents of Kedar! ⁶ My soul has dwelt too long With one who hates peace. ⁷ I <i>am</i> for peace; But when I speak, they <i>are</i> for war.</p>	<p>Opening introduction: (Person. Petition. Situation) Lament: Responsible party: Plea: Request: Declaration: Praise: CEB A pilgrimage song.^[a] ¹²⁰ I cried out to the Lord when I was in trouble (and he answered me): ² "Lord, deliver me^[b] from lying lips and a dishonest tongue!" ³ What more will be given to you, what more will be done to you, you dishonest tongue? ⁴ Just this:^[c] a warrior's sharpened arrows, coupled with burning coals from a wood^[d] fire! ⁵ Oh, I'm doomed because I have been an immigrant in Meshech, because I've made my home among Kedar's tents. ⁶ I've lived far too long with people who hate peace. ⁷ I'm for peace, but when I speak, they are for war.</p>
<p>Footnotes</p> <p>a. Psalm 120:4 <i>mighty one</i></p>	<p>Footnotes</p> <p>a. Psalm 120:1 Or <i>song of ascents</i> or <i>song of going up</i> (that is, to Jerusalem); cf Ps 122:4. The heading is found in every psalm from Ps 120 to Ps 134. b. Psalm 120:2 Or <i>my soul</i>; also in 120:6 c. Psalm 120:4 Heb lacks <i>this</i>. d. Psalm 120:4 Or <i>the gorse</i> or <i>broom tree</i></p>

PSALM 121 God the Help of Those Who Seek Him

A Song of Ascents.

121 I will lift up my eyes to the hills—

From whence comes my help?

² My help *comes* from the Lord,

Who made heaven and earth.

³ He will not allow your foot to ^abe moved;

He who keeps you will not slumber.

⁴ Behold, He who keeps Israel

Shall neither slumber nor sleep.

⁵ The Lord *is* your ^bkeeper;

The Lord *is* your shade at your right hand.

⁶ The sun shall not strike you by day,

Nor the moon by night.

⁷ The Lord shall ^cpreserve you from all evil;

He shall preserve your soul.

⁸ The Lord shall preserve^d your going out and your coming in

From this time forth, and even forevermore.

Footnotes

- a. [Psalm 121:3](#) slip
- b. [Psalm 121:5](#) protector
- c. [Psalm 121:7](#) keep
- d. [Psalm 121:8](#) keep

PSALM 122 The Joy of Going to the House of the Lord

A Song of Ascents. Of David.

122 I was glad when they said to me,
“Let us go into the house of the Lord.”

² Our feet have been standing
Within your gates, O Jerusalem!

³ Jerusalem is built

As a city that is compact together,

⁴ Where the tribes go up,

The tribes of the Lord,

^aTo the Testimony of Israel,

To give thanks to the name of the Lord.

⁵ For thrones are set there for judgment,
The thrones of the house of David.

⁶ Pray for the peace of Jerusalem:

“May they prosper who love you.

⁷ Peace be within your walls,

Prosperity within your palaces.”

⁸ For the sake of my brethren and
companions,


I will now say, “Peace *be* within you.”

⁹ Because of the house of the Lord our
God

I will seek your good.

Footnotes

- a. [Psalm 122:4](#) Or *As a testimony to*

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Psalm 123 NKJV	STRUCTURE OUTLINE
Prayer for Relief from Contempt A Song of Ascents.	
<p>123 Unto You I lift up my eyes, O You who dwell in the heavens.</p> <p>² Behold, as the eyes of servants <i>look</i> to the hand of their masters, As the eyes of a maid to the hand of her mistress, So our eyes <i>look</i> to the Lord our God, Until He has mercy on us.</p> <p>³ Have mercy on us, O Lord, have mercy on us! For we are exceedingly filled with contempt.</p> <p>⁴ Our soul is exceedingly filled With the scorn of those who are at ease, With the contempt of the proud.</p>	<p>Opening introduction: (Person. Petition. Situation) Lament: Responsible party: Plea: Request: Declaration: Praise:</p> <p>CEB A pilgrimage song. 123 I raise my eyes to you— you who rule heaven. ² Just as the eyes of servants attend to their masters' hand, just as the eyes of a female servant attend to her mistress' hand— that's how our eyes attend to the Lord our God until he has mercy on us. ³ Have mercy on us, Lord! Have mercy because we've had more than enough shame. ⁴ We've had more than enough mockery from the self-confident, more than enough shame from the proud.</p>

PSALM 124 The Lord the Defense of His People


A Song of Ascents. Of David.

124 "If it had not been the Lord who was
 on our side,"
 Let Israel now say—
² "If it had not been the Lord who was on
 our side,
 When men rose up against us,
³ Then they would have swallowed us
 alive,
 When their wrath was kindled against us;
⁴ Then the waters would have
 overwhelmed us,
 The stream would have ^(a)gone over our
 soul;

⁵ Then the swollen waters
 Would have ^(b)gone over our soul."
⁶ Blessed *be* the Lord,
 Who has not given us *as* prey to their
 teeth.
⁷ Our soul has escaped as a bird from the
 snare of the ^(c)fowlers;
 The snare is broken, and we have
 escaped.
⁸ Our help *is* in the name of the Lord,
 Who made heaven and earth.

Footnotes

a. [Psalm 124:4](#) swept over

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b. [Psalm 124:5](#) swept over

c. [Psalm 124:7](#) Persons who catch birds in a trap or snare


PSALM 125 The Lord the Strength of His People

A Song of Ascents.

125 Those who trust in the Lord
 Are like Mount Zion,
 Which cannot be moved, *but* abides
 forever.
² As the mountains surround Jerusalem,
 So the Lord surrounds His people
 From this time forth and forever.
³ For the scepter of wickedness shall not
 rest
 On the land allotted to the righteous,

Lest the righteous reach out their hands
 to iniquity.
⁴ Do good, O Lord, to *those who*
are good,
 And to *those who are* upright in their
 hearts.
⁵ As for such as turn aside to
 their crooked ways,
 The Lord shall lead them away
 With the workers of iniquity.
 Peace *be* upon Israel!

Psalm 126 NKJV	STRUCTURE OUTLINE
A Joyful Return to Zion A Song of Ascents.	Opening introduction:(Person. Petition. Situation) Lament: Responsible party: Plea: Request: Declaration: Praise:
<p>126 When the Lord brought back ^[a]the captivity of Zion,We were like those who dream. ² Then our mouth was filled with laughter, And our tongue with singing. Then they said among the ^[b]nations, "The Lord has done great things for them." ³ The Lord has done great things for us, <i>And</i> we are glad. ⁴ Bring back our captivity, O Lord, As the streams in the South. ⁵ Those who sow in tears Shall reap in joy. ⁶ He who continually goes ^[c]forth weeping, Bearing ^[d]seed for sowing, Shall doubtless come again ^[e]with rejoicing, Bringing his sheaves <i>with him</i>.</p> <p>Footnotes</p> <p>a. Psalm 126:1 Those of the captivity b. Psalm 126:2 Gentiles c. Psalm 126:6 to and fro</p>	<p>CEB A pilgrimage song.</p> <p>126 When the Lord changed Zion's circumstances for the better, it was like we had been dreaming. ² Our mouths were suddenly filled with laughter; our tongues were filled with joyful shouts. It was even said, at that time, among the nations, "The Lord has done great things for them!" ³ Yes, the Lord has done great things for us, and we are overjoyed. ⁴ Lord, change our circumstances for the better, like dry streams in the desert waste! ⁵ Let those who plant with tears reap the harvest with joyful shouts. ⁶ Let those who go out, crying and carrying their seed, come home with joyful shouts, carrying bales of grain!</p>

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- | | |
|---|--|
| d. Psalm 126:6 Lit. <i>a bag of seed for sowing</i>
e. Psalm 126:6 <i>with shouts of joy</i> | |
|---|--|

PSALM 127 Laboring and Prospering with the Lord

A Song of Ascents. Of Solomon.

127 Unless the Lord builds the house,
They labor in vain who build it;
Unless the Lord guards the city,
The watchman stays awake in vain.
² *It is vain* for you to rise up early,
To sit up late,
To eat the bread of sorrows;
For so He gives His beloved sleep.
³ Behold, children *are* a heritage from
the Lord,

The fruit of the womb *is* a reward.
⁴ Like arrows in the hand of a warrior,
So *are* the children of one's youth.
⁵ Happy *is* the man who has his quiver full of
them;
They shall not be ashamed,
But shall speak with their enemies in the
gate.

PSALM 128 Blessings of Those Who Fear the Lord

A Song of Ascents.

128 Blessed *is* every one who fears the Lord,
Who walks in His ways.
² When you eat the ^[a]labor of your hands,
You *shall be* happy, and *it shall be* well with
you.
³ Your wife *shall be* like a fruitful vine
In the very heart of your house,
Your children like olive plants
All around your table.

⁴ Behold, thus shall the man be blessed
Who fears the Lord.
⁵ The Lord bless you out of Zion,
And may you see the good of Jerusalem
All the days of your life.
⁶ Yes, may you see your children's children.
Peace *be* upon Israel!

Footnotes


- a. [Psalm 128:2](#) Fruit of the labor

PSALM 129 Song of Victory over Zion's Enemies

A Song of Ascents.

129 "Many a time they have afflicted^[a] me
from my youth,"
Let Israel now say—
² "Many a time they have afflicted me from my
youth;
Yet they have not prevailed against me.
³ The plowers plowed on my back;
They made their furrows long."

⁴ The Lord *is* righteous;
He has cut in pieces the cords of the wicked.
⁵ Let all those who hate Zion
Be put to shame and turned back.
⁶ Let them be as the grass *on* the housetops,
Which withers before it grows up,
⁷ With which the reaper does not fill his hand,
Nor he who binds sheaves, his ^[b]arms.
⁸ Neither let those who pass by them say,


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“The blessing of the Lord *be* upon you;
 We bless you in the name of the Lord!”

- a. [Psalm 129:1](#) *persecuted*
- b. [Psalm 129:7](#) *armsful*, lit. *bosom*

Footnotes

Psalm 130 NKJV	STRUCTURE OUTLINE
<p>Waiting for the Redemption of the Lord</p> <p>A Song of Ascents.</p>	
<p>Out of the depths I have cried to You, O Lord; ² Lord, hear my voice! Let Your ears be attentive To the voice of my supplications. ³ If You, Lord, should ^[a]mark iniquities, O Lord, who could stand? ⁴ But <i>there is</i> forgiveness with You, That You may be feared. ⁵ I wait for the Lord, my soul waits, And in His word I do hope. ⁶ My soul <i>waits</i> for the Lord More than those who watch for the morning— <i>Yes, more than</i> those who watch for the morning. ⁷ O Israel, hope in the Lord; For with the Lord <i>there is</i> mercy, And with Him <i>is</i> abundant redemption. ⁸ And He shall redeem Israel From all his iniquities.</p>	<p>Opening introduction: (Person. Petition. Situation)</p> <p>Lament: Responsible party: Plea: Request: Declaration: Praise:</p> <p>CEB A pilgrimage song.</p> <p>130 I cry out to you from the depths, Lord— ² my Lord, listen to my voice! Let your ears pay close attention to my request for mercy! ³ If you kept track of sins, Lord— my Lord, who would stand a chance? ⁴ But forgiveness is with you— that’s why you are honored. ⁵ I hope, Lord. My whole being^[a] hopes, and I wait for God’s promise. ⁶ My whole being waits for my Lord— more than the night watch waits for morning; yes, more than the night watch waits for morning! ⁷ Israel, wait for the Lord! Because faithful love is with the Lord; because great redemption is with our God! ⁸ He is the one who will redeem Israel from all its sin.</p>
<p>Footnotes</p> <ul style="list-style-type: none"> a. Psalm 130:3 <i>take note of</i> 	<p>Footnotes</p>

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	a. Psalm 130:5 Or <i>soul</i> ; also in 132:6
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PSALM 131 Simple Trust in the Lord

A Song of Ascents. Of David.

131 Lord, my heart is not ^[a]haughty,
Nor my eyes ^[b]lofty.
Neither do I ^[c]concern myself with great
matters,
Nor with things too ^[d]profound for me.
² Surely I have calmed and quieted my soul,
Like a weaned child with his mother;
Like a weaned child *is* my soul within me.

³ O Israel, hope in the Lord
From this time forth and forever.

Footnotes

- a. [Psalm 131:1](#) Proud
- b. [Psalm 131:1](#) Arrogant
- c. [Psalm 131:1](#) Lit. *walk in*
- d. [Psalm 131:1](#) *difficult*

PSALM 132 The Eternal Dwelling of God in Zion

A Song of Ascents.

132 Lord, remember David
And all his afflictions;
² How he swore to the Lord,
And vowed to the Mighty One of Jacob:
³ "Surely I will not go into the chamber of my
house,
Or go up to the comfort of my bed;
⁴ I will not give sleep to my eyes
Or slumber to my eyelids,
⁵ Until I find a place for the Lord,
A dwelling place for the Mighty One of Jacob."
⁶ Behold, we heard of it in Ephrathah;
We found it in the fields of ^[a]the woods.
⁷ Let us go into His tabernacle;
Let us worship at His footstool.
⁸ Arise, O Lord, to Your resting place,
You and the ark of Your strength.
⁹ Let Your priests be clothed with
righteousness,
And let Your saints shout for joy.
¹⁰ For Your servant David's sake,
Do not turn away the face of Your ^[b]Anointed.
¹¹ The Lord has sworn *in* truth to David;
He will not turn from it:
"I will set upon your throne the ^[c]fruit of your
body.

¹² If your sons will keep My covenant
And My testimony which I shall teach them,
Their sons also shall sit upon your throne
forevermore."

¹³ For the Lord has chosen Zion;
He has desired *it* for His ^[d]dwelling place:

¹⁴ "This *is* My resting place forever;
Here I will dwell, for I have desired it.

¹⁵ I will abundantly bless her ^[e]provision;
I will satisfy her poor with bread.

¹⁶ I will also clothe her priests with salvation,
And her saints shall shout aloud for joy.

¹⁷ There I will make the ^[f]horn of David grow;
I will prepare a lamp for My ^[g]Anointed.

¹⁸ His enemies I will clothe with shame,
But upon Himself His crown shall flourish."

Footnotes

- a. [Psalm 132:6](#) Heb. *Jaar*, lit. *Woods*
- b. [Psalm 132:10](#) Commissioned One,
Heb. *Messiah*
- c. [Psalm 132:11](#) *offspring*
- d. [Psalm 132:13](#) *home*
- e. [Psalm 132:15](#) *supply of food*
- f. [Psalm 132:17](#) *Government*
- g. [Psalm 132:17](#) Heb. *Messiah*

PSALM 133 Blessed Unity of the People of God

A Song of Ascents. Of David.

133 Behold, how good and how pleasant *it is*
For brethren to dwell together in unity!

² *It is* like the precious oil upon the head,
Running down on the beard,
The beard of Aaron,
Running down on the edge of his garments.

³ *It is* like the dew of Hermon,
Descending upon the mountains of Zion;
For there the Lord commanded the blessing—
Life forevermore.

PSALM 134 Praising the Lord in His House at Night

A Song of Ascents.

134 Behold, bless the Lord,
All *you* servants of the Lord,
Who by night stand in the house of the Lord!

² Lift up your hands *in* the sanctuary,
And bless the Lord.

³ The Lord who made heaven and earth
Bless you from Zion!